

# The Heart of Weston AGM Minutes



**Date:** Monday 20<sup>th</sup> July 2020

**Time:** 7.30pm

**Location:** Via Zoom

**Attendees:** Craig Phillips (Vice Chair), Becky Nott (Treasurer), Jane Phillips (Secretary), Sue Nott, Lesley Wilson, Sarah Nightingale, Julie Gair, Derek Gair, Neil Gaunt, Irene Winter, Amy Turner, Matt Nott, Gemma Phillips

**Apologies:** Paul Phillips (chair) Jackie Williams

## **Previous Minutes:**

The minutes from The Heart of Weston AGM, held on Thursday 11<sup>th</sup> April 2019 were agreed as a true record, and signed off.

## **Chairman's Report:**

The Heart of Weston has had another good year, with fundraising, cardiac screening and public awareness sessions on emergency first aid.

We have been fortunate to have received an anonymous donation of £250 and several other one off donations. Money continued to come in from Derek's calendars, a Bake Off event at Nicola Cox's work, money in lieu of Christmas cards and from the Chetwynd Arms quiz night.

A reminder that buying online through easyfundraising and Smile Amazon is a really easy way to help raise funds. Since the charity signed up to easyfundraising it has contributed £644 to our funds.

There have been several fundraising events this year. These started with Kate Tague's 50<sup>th</sup> Birthday party where Derek took photos and Kate asked for donations for The Heart of Weston instead of presents. This resulted in £200 being raised. And Derek also took photos at Stafford Grammar school's Prom night, raising £500 which was split between The Heart of Weston and Williams Syndrome Foundation. A raffle held at Steven's work raised £619, which was really nice that they still think about him.

We had a stall at Weston Village Fete, where we promoted The Heart of Weston 100+ Club, CRY Screening and explained to people what the charity does. Originally Sarah was going to put on CPR demonstrations but due to the wet weather the fete was held inside the Village Hall, meaning there wasn't the space to do the demonstrations.

We are delighted that The Heart of Weston 100+ Club continues to be a great success with 266 people joined up. This has raised £3,192 of which £1,596 has been given out in prize money.

We had our Annual Memorial Walk in July and for a change we were lucky with the weather and had a really good turnout. A total of £1,153 was raised, which included £699 from the raffle.

In August we had another successful Car Wash and again offered ECGs, blood pressure and blood sugar checks, while people waited for their cars to be washed. The weather was good and there were plenty of cars to be washed, resulting in £751 being raised.

CRY carried out another very important cardiac screening day in October, screening 103 young people aged 14 - 35. We had £298 in donations on the day. This CRY screening cost the charity £5,150 and was our main expenditure for the year.

Another Baby and Child Emergency First Aid session was run by the Red Cross and again proved to be very popular. Dr Sarah Nightingale ran another very successful CPR/first aid training day for year 6 pupils at St Andrews Primary School. From this year the government is rolling out a programme to teach all pupils how to administer CPR, the

purpose of defibrillators, and basic first aid treatments for common injuries, by the time they leave secondary school.

This year we donated £500 to Oak Tree Farm to help them purchase a defibrillator.

We are delighted that we have at last been able to launch the CPR/defibrillator video that Tim Davies from Staffordshire University very kindly produced for us. At the present time 36,000+ people have seen it.

The Saracens Head have purchased their defibrillator, but we are still waiting for them to purchase an outside box to make it available 24/7.

The aim of the charity is to help protect lives and through the CRY screening and the charity's health checks, several undiagnosed health issues have been picked up, enabling early treatment before they become more serious.

Looking forward, we have the following events:

- Coffee morning/ECGs/Blood sugar tests/Blood pressure checks – Saturday 7<sup>th</sup> March
- Mental Health Awareness Session – Saturday 21<sup>st</sup> March
- Picnic/BBQ and Games – Saturday 11<sup>th</sup> July
- CRY Cardiac Screening Day – Saturday 26<sup>th</sup> September, at Weston Village Hall

Due to the developing serious situation with the Coronavirus some of these planned events may have to be postponed. Our primary concern is for the general public and our volunteers.

We are extremely lucky to have an amazing group of member volunteers and trustees, who give their time and energy so unselfishly to the charity, to ensure its success. It is also heart-warming to see so many residents of Weston and the surrounding area continuing to support the charity in so many ways, thank you all very much.

#### **Treasurer's Report:**

Becky Nott gave a comprehensive explanation of the charity's financial report and stated the accounts are in line with the Charity Commission under section 145 of the 2011 Act. Becky reported that at the year-end we had £9,535 of unrestricted funds. Becky explained this was a deficit from last year's figure of £10,248, but this would not prevent us from carrying out any of our activities. The trustees agreed that it was prudent due to the unpredictability of the charity's income and our commitment to our objectives, to maintain a reserve level to cover essential running costs and spending on objectives for approximately six months. Becky thanked Lesley Wilson for her tremendous support with the accounts. Becky will submit the accounts to the Charity Commission.

#### **Retirement of existing and election of new trustees:**

Craig Phillips reported that all the trustees had retired in line with the constitution - Paul Phillips, Craig Phillips, Becky Nott, Jane Phillips, Sue Nott, Jackie Williams and Dr Sarah Nightingale.

Following discussions with Trustees before the AGM it was decided to reduce the number of Trustees to four.

Craig Phillips (Chair) proposed by Becky Nott, seconded by Sarah Nightingale

Becky Nott. (Treasurer) proposed by Jane Phillips, seconded by Lesley Wilson

Jane Phillips (Secretary) proposed by Irene Winter, seconded by Julie Gair

Sarah Nightingale (Medical Advisor) proposed by Sue Nott, seconded by Jane Phillips

#### **AOB**

Due to the continuing situation with Covid 19 the decision was taken to cancel this year's CRY Screening Day. It was felt that people would not attend for fear of catching the virus. We already have a date booked for Saturday 25<sup>th</sup> September 2021.

**Date of next AGM:** TBC

Meeting closed at 8.05pm