



## Minutes for The Heart of Weston AGM

**Date:** Tuesday 6<sup>th</sup> March 2018

**Time:** 7.30pm

**Location:** Willowdene, Boat Lane, Weston

**Attendees:** Paul Phillips (Chair), Craig Phillips (Vice Chair), Becky Nott (Treasurer), Jane Phillips (Secretary), Sue Nott, Lesley Wilson, Jackie Williams, Sarah Nightingale, Linda Gaunt, Julie Gair, Derek Gair

**Apologies:** Irene Winter, Amy Winter, Matt Nott, Charlotte Nott, Justine Abbott

### Previous Minutes:

The minutes from The Heart of Weston AGM, held on Monday 6<sup>th</sup> March 2017 were agreed as a true record, and signed off.

### Chairman's Report:

Paul Phillips reported The Heart of Weston has had an exceptionally good year, with fundraising, cardiac screening and public awareness sessions on emergency First Aid.

There have been several fundraising events again this year. This was kicked off by the amazing cycle challenge undertaken by Donna and Steve Stone, which saw them cycle to all the Premier League Football stadiums over 9 days. Impressively they raised over £10,000.00, which was split between CRY and The Heart of Weston.

Becky Nott organised a Netball Tournament, getting 13 teams together for a day enjoyed by everyone and raising an impressive £687.00. Helen Stuart and her friend Emily did a 5km Muddy run and raised £188.00.

We are delighted that The Heart of Weston 100+ Club continues to be a great success with 260 people joined up. This has raised £3,132.00 of which £1,571.00 has been given out in prize money. £65.00 of the prize money was kindly returned. Our annual Car Wash held in August was again a big success with over 60 cars washed and £603.00 raised. On the day we offered ECGs, carried out by Dr Sarah Nightingale, to those aged over 35 years and this was taken up by 19 people. Also, AEDdonate came along and did demonstrations on how to use our defibrillator. We were extremely lucky with the weather, which always helps. Barclays Bank very kindly donated £850.00 under their match funding scheme, which we are extremely grateful for.

CRY carried out another very important cardiac screening day in September, screening 101 young people aged 14 - 35. This cost the charity £3,500.00 and was our main expenditure for the year. Another Baby and Child Emergency First Aid session was run by the Red Cross and proved to be very popular, so it has been agreed that this will be an annual event. Dr Sarah Nightingale ran a very successful CPR/first aid training day for year 6 pupils at St Andrew's Primary School. Three of Sarah's fellow doctors very kindly helped on the day. The Saracens Head has agreed to place a defibrillator outside the pub. Martin Hirst will confirm when this will happen.

During our last Trustees' meeting it was agreed that while we had sufficient funds to cover our own activities we would donate £500 per year to another local community that is struggling to raise the funds for their own defibrillator. After a discussion with Jamie Richards at AEDdonate it was decided that this year we would support the Coppice Estate in Stone. They are a small community and have the hazard of the railway level crossing delaying the emergency services arriving, making it even more important for them to have a defibrillator in their community.

The Heart of Weston has an amazing group of volunteers including the trustees and we are extremely grateful for the time and energy they have given to the charity to make it the success it is. So, a big thank you to everyone. The residence and businesses of Weston have shown great support for the charity, whether it is by joining the 100+ Club, making a donation, donating raffle prizes, attending or putting on a fundraising event, washing cars, baking cakes or making cups of tea. We are truly blessed that our community cares and we are committed to care for them.

Looking forward, we have several events planned this year:

- We have booked and are organising, another CRY cardiac screening day on Saturday 6<sup>th</sup> October at Weston Village Hall.
- The Red Cross will be asked to run another Baby and Child Emergency First Aid.
- Dr Sarah Nightingale is planning to run another CPR/First Aid session for year 6 pupils at St Andrew's Primary School, date to be agreed.
- Our annual Memorial Walk will take place in July.
- The video being produced by the trainee paramedics at Stafford University will hopefully be ready to be uploaded to our website by the end of April.
- Our annual Car Wash will take place in August.
- ECGs will again be offered at the Car Wash.
- Derek Gair has kindly offered to produce a 2019 Wall calendar to sell, with all proceeds going to The Heart of Weston.

#### **Treasurer's Report:**

Becky Nott gave a comprehensive explanation of the charity's financial report and stated the accounts are in line with the Charity Commission under section 145 of the 2011 Act. Becky reported that at the year-end we had £11,303 of unrestricted funds. The trustees agreed that it was prudent due to the unpredictability of the charity's income and our commitment to our objectives, to maintain a reserve level to cover essential running costs and spending on objectives for approximately six months. Matthew Bailey of Howards Ltd will carry out an independent examiner's report, free of charge. Becky thanked Lesley Wilson for her tremendous support with the accounts. Becky will submit the accounts to the Charity Commission. It was agreed that Jane Phillips would get The Heart of Weston constitution altered to include making donations to support local fundraising campaigns for AEDs.

#### **Retirement of existing and election of new trustees:**

Paul Phillips requested the retirement of all the trustees in line with the constitution (Paul Phillips, Craig Phillips, Becky Nott, Jane Phillips, Sue Nott, Jackie Williams, and Dr Sarah Nightingale).

All the retiring trustees put their names forward for re-election. Re-elected trustees were: Paul Phillips (Chair), Craig Phillips (Vice Chair), Becky Nott. (Treasurer), Jane Phillips (Secretary), Sue Nott, Jackie Williams, Sarah Nightingale.

#### **AOB**

It was agreed that the next AGM would be carried out in the middle of March 2019, to give more time for the financial report to be prepared.

Meeting closed at 20.00

**Date of next AGM:** TBC