

Minutes for The Heart of Weston AGM



Date: Thursday 11th April 2019

Time: 7.45pm

Location: Willowdene, Boat Lane, Weston

Attendees: Paul Phillips (Chair), Becky Nott (Treasurer), Jane Phillips (Secretary), Sue Nott, Lesley Wilson, Jackie Williams, Sarah Nightingale, Derek Gair, Neil Gaunt, Irene Winter, Amy Turner, Matt Nott

Apologies: Julie Gair, Linda Gaunt, Andy Gair, Craig Phillips (Vice Chair)

Previous Minutes:

The minutes from The Heart of Weston AGM, held on Monday 6th March 2018 were agreed as a true record, and signed off. Proposed by Sue and seconded by Jackie

Chairman's Report:

The Heart of Weston has had another good year, with fundraising, cardiac screening and public awareness sessions on emergency first aid. This in spite of us having to cancel our two main fundraising events due to the exceptionally hot, dry summer.

There has still been several fundraising events this year. This started with Derek Gair doing a photoshoot for family and friends of the committee and raised a very worthwhile £300. Then Derek went on to take photos for a 2019 Weston Calendar. This was very kindly produced by the Bartham Group, free of charge and to date has raised an impressive £857.

We had a stall at Weston Village Fete, where we promoted the 2019 calendars, The Heart of Weston 100+ Club, CRY Screening and explained to people what the charity does.

We are delighted that The Heart of Weston 100+ Club continues to be a great success with 260 people joined up. This has raised £3,022 of which £1,511 has been given out in prize money.

Due to the extreme heat we made the difficult decision to cancel our Annual Memorial Walk. Although we did have a raffle with pre-printed tickets and a BBQ kindly put on by The Woolpack. The raffle raised £755 and the BBQ £160, so still very successful.

Sadly the Car Wash was again a victim to the very hot and dry summer. It was felt that as people were being asked not to use hosepipes it would not be appropriate to wash cars for 5 hours! Although we did go ahead with a Coffee Morning and offered ECGs to those aged over 35 years. The morning was very successful and appreciated by those that attended and raised £249. Due to the success it was decided to put on another Coffee Morning/mini health checks with ECGs in January 2019. This time we included ideas for exercising and healthy eating. The morning raised a very worthwhile £284.

The Methodist Church very kindly donated £123 from their Harvest Festival collection, for the good work the charity does.

The most successful event of the year was the Bingo Night put on by Gemma Nelson, a young mum who has lost a friend recently to a cardiac arrest. She put her heart and soul into it and procured so many amazing prizes. This meant that none of the £1,769 raised had to be given out in prize money.

CRY carried out another very important cardiac screening day in October, screening 94 young people aged 14 - 35. We had £395 in donations on the day. This CRY screening costs the charity £5,000 and was our main expenditure for the year.

Another Baby and Child Emergency First Aid session was run by the Red Cross and again proved to be very popular. Dr Sarah Nightingale ran another very successful CPR/first aid training day for year 6 pupils at St Andrews Primary School. Three of Sarah's fellow doctors very kindly helped on the day.

The charity decided that while we have sufficient funds, we would donate £500 a year to a community that needed help to purchase a defibrillator. This year it went to the newly formed Stafford Parkrun.

The aim of the charity is to help protect lives and through the CRY screening and the charity's health checks, several undiagnosed health issues have been picked up, enabling early treatment before they become more serious.

Looking forward, we have the following events planned:

- CRY Cardiac screening day – Saturday 5th October, at Weston Village Hall
- Annual Car Wash/coffee morning/ECG's/Blood sugar test/Blood pressure test – Saturday 31st August
- Memorial walk – 6th July
- CPR/First Aid for year 6 at St Andrews Primary School, run by Dr Sarah Nightingale – date to be agreed
- Baby and Child Emergency First Aid session, run by the Red Cross – Saturday 11th May at Weston Village Hall

In addition to the above, a video on 'How to carry out CPR' is being produced by the trainee paramedics at Stafford University. The video is now in the final stages of editing and should be ready very soon. The Saracen's Head has promised to have its defibrillator in place by the end of April and we will continue to run our very successful 100+ Club.

We are extremely lucky to have an amazing group of member volunteers and trustees, who give their time and energy so unselfishly to the charity, to ensure its success. It is also heart-warming to see so many residents of Weston and the surrounding area continuing to support the charity in so many ways, thank you all very much and long may it continue.

Treasurer's Review:

Becky Nott gave a comprehensive explanation of the charity's financial report and stated the accounts are in line with the Charity Commission under section 145 of the 2011 Act. Becky reported that at the year-end there were £10,222 of unrestricted funds available. We made a loss/deficit in the year due to the cancellation of several fundraising events resulting in a reduction in income. This meant that funds had decreased from 2018 (£11,303). In 2018 we made a large surplus due to money raised from Steve and Donna's cycle ride. We don't always spend the money in the same year that we raise it so the profit/loss can fluctuate year on year. Overall the level of funds remains healthy.

The funds held at the end of the year will be used to finance cardiac screening sessions, to assist local communities and groups with AED fundraising campaigns and to finance first aid courses. The trustees agreed that it was prudent due to the unpredictability of the charity's income and our commitment to our objectives, to maintain a reserve level to cover essential running costs and spending on objectives for approximately six months.

Becky also reported that as she was not working at Howards Ltd any longer there would not be an independent examiner's report of the accounts. Due to the size of the charity this is not a requirement of the Charity Commission. Becky thanked Lesley Wilson for her tremendous support with the accounts. Becky will submit the accounts to the Charity Commission.

Retirement of existing and election of new trustees:

Paul Phillips reported that all the trustees had retired in line with the constitution (Paul Phillips, Craig Phillips, Becky Nott, Jane Phillips, Sue Nott, Jackie Williams, and Dr Sarah Nightingale), but all had agreed to stand for re-election.

Re-elected trustees were: Paul Phillips (Chair) proposed by Lesley and seconded by Irene, Craig Phillips (Vice Chair) proposed by Sue and seconded by Neil, Becky Nott. (Treasurer) proposed by Amy and seconded by Sue, Jane Phillips (Secretary) proposed by Sarah and seconded by Neil, Sue Nott proposed by Jackie and seconded by Jane, Jackie Williams proposed by Derek and seconded by Irene, Sarah Nightingale proposed by Paul and seconded by Sue.

AOB

The question was raised as to how many years a trustee could continue to be put forward for re-election. Jane Phillips to get confirmation on this.

Meeting closed at 20.15

Date of next AGM: TBC